

Open 2 Change

A 12-step Fellowship

FREEDOM TO LIVE FULLY

8th Annual Retreat for Healing from the
Compulsive Avoidance of Intimacy and
Social, Sexual & Emotional Anorexia
May 15-17, 2020

Retreat.open2change.org | Kirkridge Retreat Center ~ Bangor, PA

Workshop Topics:

Staying Connected
Self-Care
Drama Role Plays
Affirming Myself
Sober Dating II
Struggling with Spirituality
Self-Sabotage

Pricing:

Early Registration by March 31 | Double \$275 Single \$299
Late Registration | Double \$305 Single \$330

Friday dinner through Sunday breakfast included
Scholarships available: priority given to newcomers